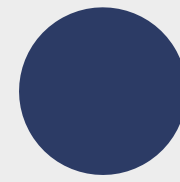
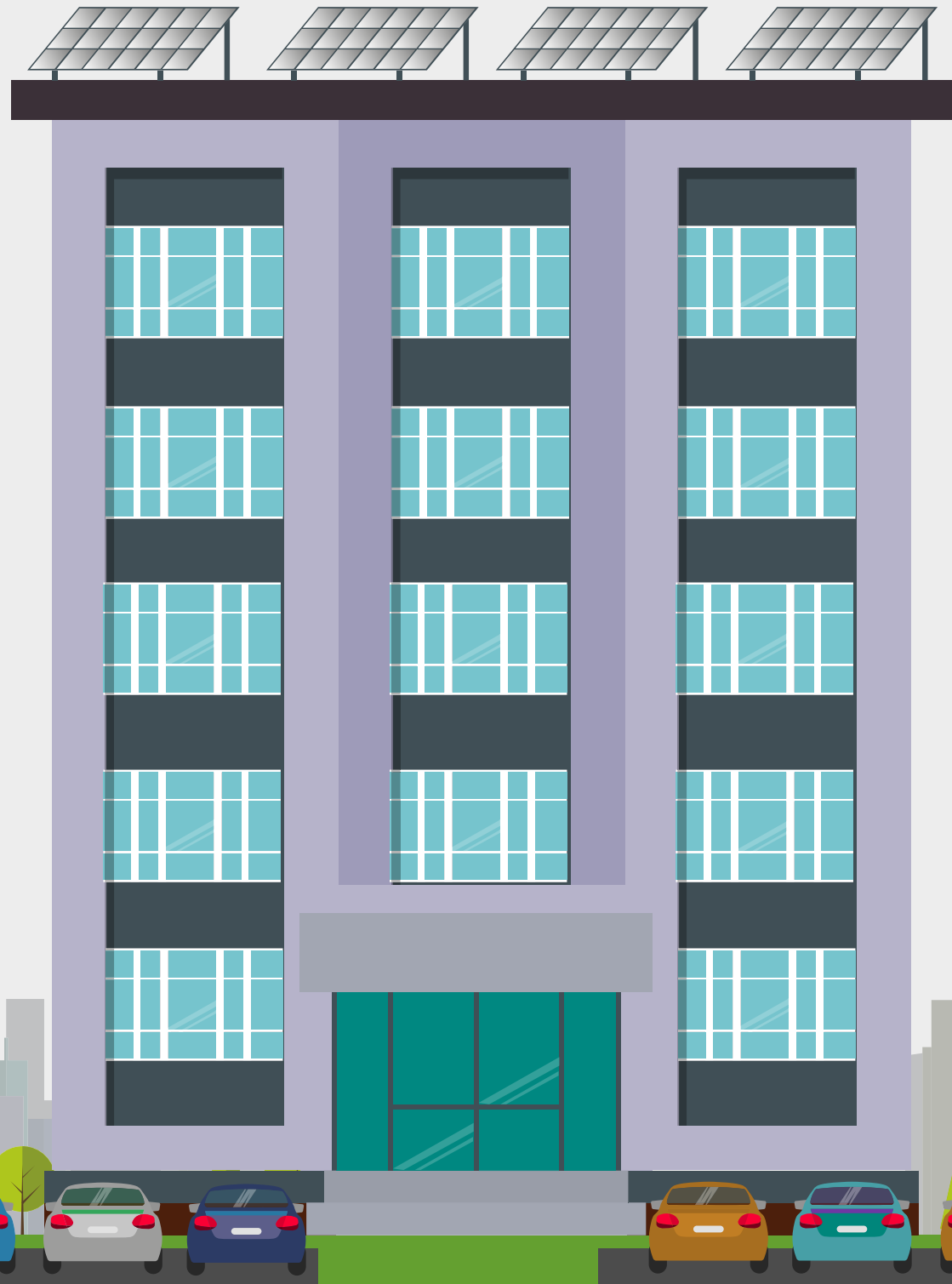


# Stay Six Feet Away to Keep Infection at Bay

*When living within an apartment building or in a gated community, it is important to abide by the 'stay at home' and 24 hour curfew restrictions.*

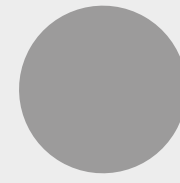
*Everyone has a role to play in stopping the spread of COVID-19 and protecting themselves, their family, and our communities.*



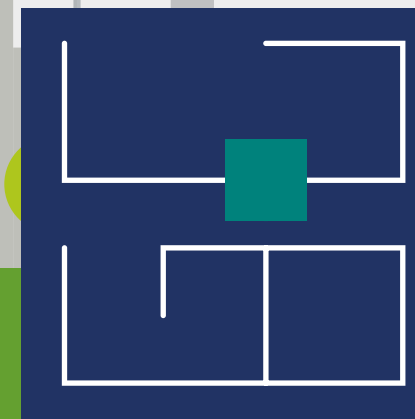
Avoid mixing with your neighbors, even if you live in the same apartment building, don't have your neighbors over to your house (adults or children).



Avoid visits with members of your family (parents, cousins, or siblings), who are not a part of your current household, even if they live within the gated community or the same apartment building.



Observe physical distancing with individuals outside your household. This includes interactions with people in the communal building spaces such as lobbies and outdoor spaces.



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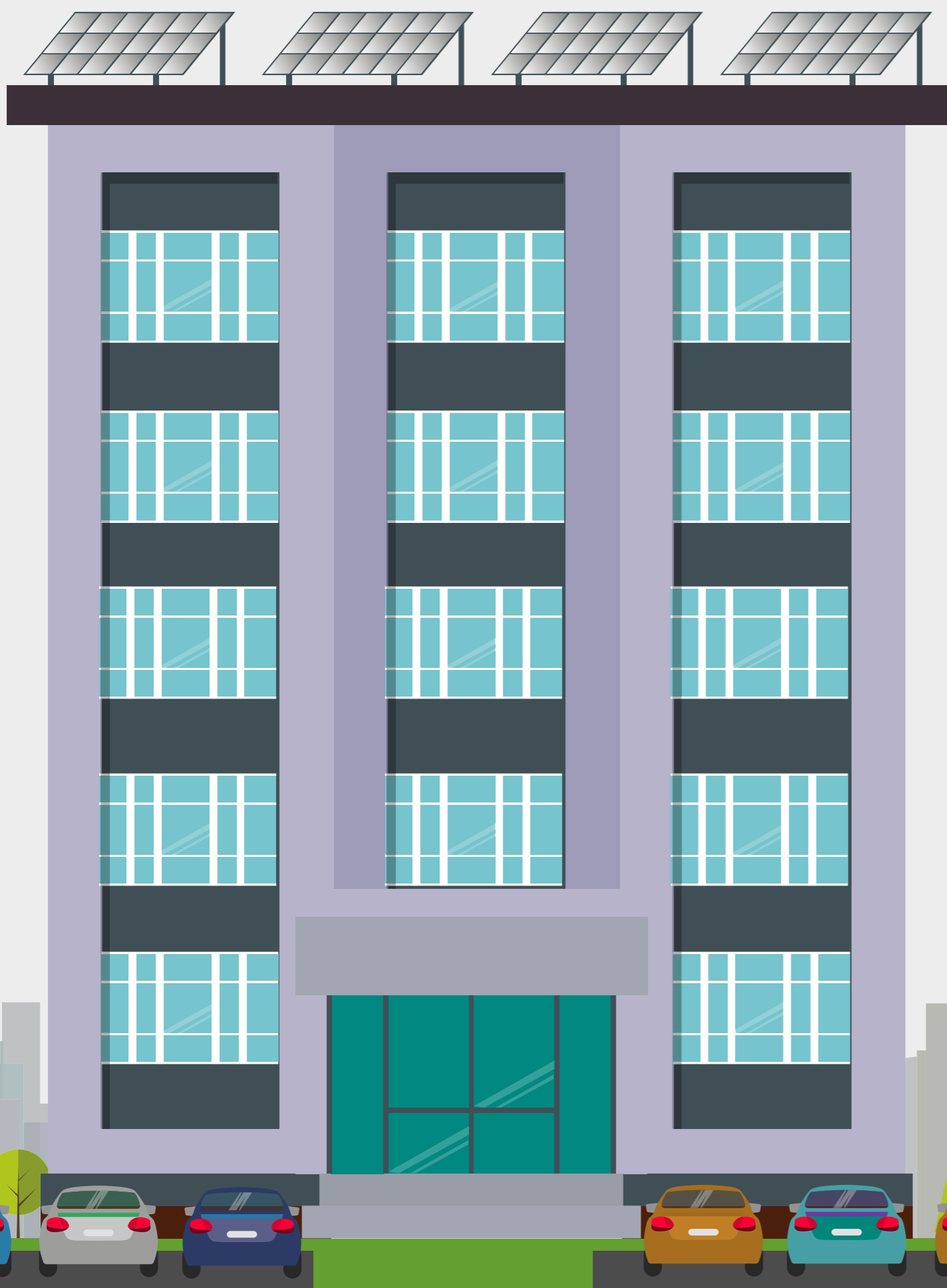
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We Care

# Stay Six Feet Away to Keep Infection at Bay

*If you are living in an apartment building or in a gated community, it is important to abide by the 'stay at home' and 24-hour curfew restrictions.*

*Everyone has a role to play in stopping the spread of COVID-19 and protecting themselves, their family, and our communities.*

- Avoid mixing with your neighbors, even if you live in the same apartment building, don't have your neighbors over to your house (adults or children).
- Avoid visits with members of your family (parents, cousins, or siblings), who are not a part of your current household, even if they live within the gated community or in the same apartment building.
- Observe physical distancing with individuals outside your household. This includes interactions with people in the communal building spaces such as lobbies and outdoor spaces.
- Children should not have in-person playdates within your gated community or apartment building.
- Avoid recreational activity around your gated community and communal building spaces such as lobbies and outdoor spaces, stay at home.



- All household members should wash their hands regularly. Wash with soap and water for 40 to 60 seconds, or use alcohol-based hand sanitizer for at least 20 seconds.
- It is important that we all take care of our health, however some people in your household may need to be extra vigilant when it comes to precautions and COVID-19 symptoms. Older people and people with pre-existing medical conditions, such as diabetes or heart disease, appear to be more vulnerable to becoming severely ill with the COVID-19.
- If you or members of your household are exhibiting symptoms of COVID-19, call 937 (and contact JHAH if you are a registered patient) and self-isolate in a separate room from the rest of the family, for more information read our Pre-cautionary Home Isolation Guide available on [jhah.com/covid-19](http://jhah.com/covid-19).



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