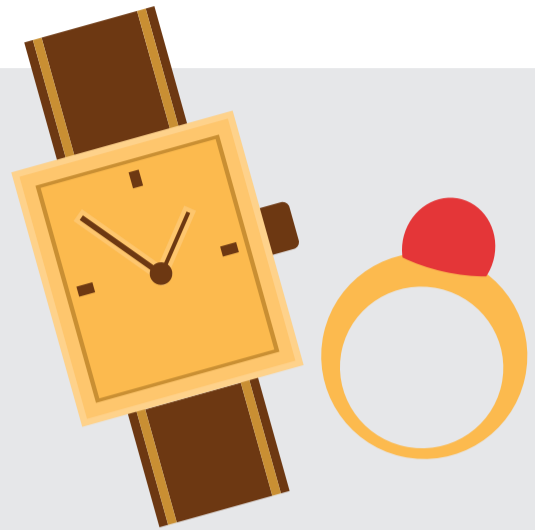




General tips to avoid transmitting infection from work to home

مركز جونز هوبكنز
أرامكو الطبي
Johns Hopkins
Aramco Healthcare



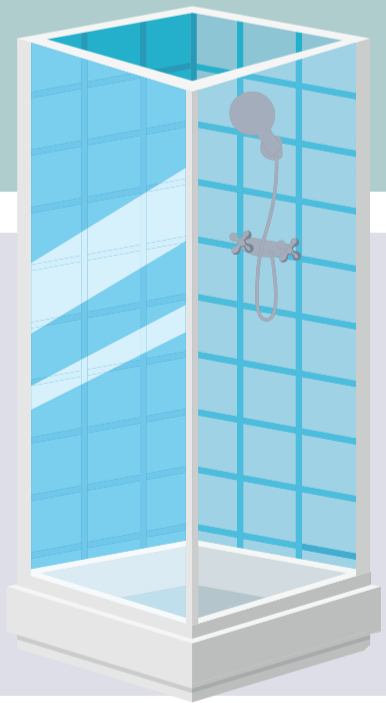
Refrain from wearing watches, rings or bracelets to work. Long hair should be tied back.

Clean your glasses, ID card, keys and mobile before going home.



Leave your work shoes in the car or outside the house.

Wash your hands thoroughly to the elbows before you leave work.



Take a shower as soon as you arrive home and before you come in contact with your family or friends.

Wash your work clothes separately with hot water. Don't mix them with your other clothes.

